

INFORMATION SHEET AND CONSENT FORM

Laparoscopy

Indications:

- There are many indications for laparoscopy including investigation of pelvic or abdominal pain and removal of pathology like ovarian cysts or endometriosis

Surgical Technique:

- The operation is usually performed under general anaesthetic (you are asleep) and antibiotics are given through a drip
- In most cases entry into the abdomen is through the umbilicus, but depending on the situation this may vary
- Between 2 and 5 ports, between 5mm-10mm in size, are placed through the skin of your lower abdomen to allow instruments to be used
- Electrical energy and sutures are used to stop and bleeding encountered
- Photos and videos may be taken to help explain what we find

Complications:

- Serious complications are rare however your symptoms must be severe enough to accept the risks listed below
- Large blood loss requiring blood transfusion
- Intraoperative injury to bowel, ureters, bladder or other organs requiring reoperation or prolonged hospital stay or return to theatre for pain or bleeding 5% wound infection requiring antibiotics
- Urinary tract infection 5%
- Clot in legs or lung <1%

In Hospital and Recovery:

- Hospital stay just for the day or overnight if you have pain
- When you wake up from your operation you will may have a bladder catheter
- You will be given pain medicine if needed
- Time off work is usually limited to one or two days
- After discharge, worsening pain or urinary symptoms like burning or pain are not normal and you should see your local doctor.
- Dr Mowat will review you around the 6-week mark, but if you have any concerns before this, please ring the rooms