

INFORMATION SHEET AND CONSENT FORM

Intra-detrusor Botox and cystoscopy

Indications:

- Urinary urgency and urgency incontinence, either idiopathic or neurogenic

Surgical Technique:

- The operation can be performed while you are awake with local anaesthetic in your bladder or under general anaesthetic
- A small camera is passed through your urethral so that the inside of your bladder can be clearly seen
- 20 injections of a botox solution (1ml each) are injected into the muscle layer of your bladder

Complications:

- Urinary tract infection 5%
- Temporary urethral or bladder irritation or pain
- Persistent symptoms 20-30%
- Needing to self-catheterise 5%, can be up to 3 months

In hospital and recovery

- Hospital stay just for the day
- You will be able to go home once you void once
- Time off work is usually limited to one or two days
- After discharge, worsening pain or urinary symptoms like burning or pain are not normal and you should see your local doctor.
- Dr Mowat will review you at 1-2 weeks to make sure you can void well- this is when the botox will start having an effect and in 5% of women, the effect is too great and self catheterisation is needed until the botox wears off a bit
- The average time between treatments is 12-18 months